

THE PATIENT JOURNEY

EGG DONATION

AT

IVI VALENCIA

When you call GCRM we will ask for the following:

- ✓ your full name (surname, then forename)
- ✓ date of birth

We will ask for these ID points to ensure we have the correct record in front of us.

The office is open between the following times:

	Open	Closed
Monday	8:30 am	8:00 pm
Tuesday	8:30 am	5:00 pm
Wednesday	8:30 am	6:30 pm
Thursday	8:30 am	6:30 pm
Friday	8:30 am	5:00 pm
Saturday	09:00 am	12:00 noon
Sunday	CLOSED	CLOSED

If you call out with these times there is an answering machine. Please leave a message and the relevant person will call you back as soon as they can.

Emergency Contact Numbers:

GCRM: 0141 891 8749

(Out with Opening Hours) On-Call doctor: 07590756672

or

the on-call Gynaecology Registrar @ Southern General : 0141 201 1100

THE PATIENT JOURNEY – IVI VALENCIA

This information leaflet is designed for patients who are considering receiving egg donation through the *IVI* clinic in Valencia.

Background

Whilst the GCRM has the largest egg donation programme in Scotland, demand is such that we have a long waiting list for women who require donated eggs. This has contributed to patients seeking such treatments abroad, unsupported by their local centre. To offer patients an alternative avenue to treatment, we have established a link with *IVI Valencia*. This means, in practical terms, that patients can be seen and have the early steps in the treatment process conducted here at GCRM and only travel to Valencia for the final stages - insemination of eggs and embryo transfer.

IVI is a large, reputable Spanish clinic that has a successful egg donation programme. It has little waiting times for treatment and can potentially offer a greater selection of donors.

Before embarking on treatment through *IVI*, GCRM is obliged to make patients aware that those seeking treatment in Spain (or elsewhere) will be attending a clinic that is not regulated by the UK's Human Fertilisation and Embryology Authority. However, like all Spanish clinics, *IVI* has certain local and national guidelines to which it must adhere, especially in relation to the virology and genetic screening of potential donors. GCRM has satisfied itself that *IVI* has stringent protocols for donor selection / screening but would still advise patients to seek confirmation of this when they contact the clinic themselves.

It also has to be made clear that all the *IVI* egg donors will be anonymous. This means that any resulting child born as a result of treatment in Spain will not be able to find out any information about the egg donor. This differs from the situation in the UK, where all egg donors are not anonymous. In other words, at the age of 18, any child(ren) born from eggs received in the UK would be able to obtain identifying information about the egg donor.

GCRM also has to make it clear that because of the different regulatory regimes, it will not be able to import any eggs or embryos back in to the UK or export any frozen sperm that may be required for treatment from the UK to Spain.

Finally, GCRM would also advise patients that there are differences in the UK and Spanish legal systems, and that they may wish to seek their own independent legal advice.

Please note, that *IVI* has a maximum age limit for receiving donated eggs of 49 years old.

The Patient Journey

1. The journey begins in Glasgow Centre for Reproductive Medicine with an initial consultation.
2. Appointments are required for:
 - a. a pelvic ultrasound scan,
 - b. a mid cycle catheter test (MCCT)
 - c. semen analysis
3. When the results of these tests are available:
 - a. GCRM will send the details of these test results to *IVI*.
 - b. once accepted as a patient by *IVI*, payment to *IVI* for treatment will be due at this point (*see INF-Clin057*).
 - c. an appointment should be made for the compulsory blood tests to be performed. Please see the information on required tests for *IVI*.
4. All results are communicated with *IVI-Valencia* who then contact you, the patient, to determine when you want the embryo transfer to take place. GCRM will be copied into this correspondence.
5. An appointment for “*IVI* consents” should be made where our fertility nurse specialist will go over your proposed treatment, check all your results are up to date and you sign the necessary consent forms.
6. At this point you will be required to pay the GCRM Package price for the consents appointment and monitoring. Drugs will be discussed and GCRM will arrange your prescription with Central Homecare who will telephone you directly for payment.
7. GCRM nurses will give you a diary of proposed timings for your scans.
8. A counselling appointment is strongly recommended at this stage.*
9. Your treatment cycle will be managed by *IVI* and they will tell you when you require to go to Valencia, and also when your medication should change.
10. *You will have to book flights and accommodation for yourselves. See information below.*
11. When you arrive at *IVI* in Valencia, your partner will be asked to produce a semen sample for your treatment. *IVI* will give you all instructions directly from this point.
12. On the day of transfer you will be required to pay *IVI* for the cost of the donor's drugs.
13. When your pregnancy outcome is due, you should phone GCRM to make an appointment.
14. If your pregnancy test is positive, GCRM will arrange a pregnancy scan for approximately three weeks later.
15. If your pregnancy test is positive, another prescription will be ordered for pregnancy support.

If the outcome is unsuccessful you will have the opportunity to come back for a review appointment with one of the GCRM consultants.

** Counselling is a very important aspect of the process and GCRM encourages patients to talk to the counsellor. The GCRM treatment package price includes one session of counselling, available to all patients once the “GCRM consent & monitoring” price has been paid. Counselling is still available before this point or for further sessions, however this will be charged at the standard rate.*

Costings

Step	Appointment	Pay to:	Price
1	Initial Consultation	GCRM	£ 160.00 ¹
2	Pelvic ultrasound	GCRM	£ 75.00 ¹
	Semen Analysis	GCRM	£ 110.00 ¹
	MCCT	GCRM	£ 170.00 ¹
3	Pay for Donation Treatment	IVI	See <i>INF-Clin057</i> ²
4	Recipient & Partner Blood Tests		
	HIV 1+2, Hep B (Surface antigen) & Hep C (x2)	GCRM	£ 220.00 ¹
	Syphilis (x2)	GCRM	£ 80.00 ¹
	Blood Grouping (x2)	GCRM	£ 60.00 ¹
5	GCRM consent & monitoring costs (Hormone tests & scans when on treatment)	GCRM	£ 650.00 ¹
6	Drug costs for yourself	Central Homecare	£ 180.00 Estimated
7	Drug costs for the Donor	IVI – See IVI	1,000 € Estimated
8	<i>If positive outcome, drugs for yourself</i>	<i>Central Homecare</i>	<i>£ 50.00 Estimated</i>

¹ These prices are correct at time of printing, please check the GCRM Price List for up to date costs.

² IVI offer UK patients a 20% discount from treatment costs (not drug costs). See *INF-Clin057*.

Flights

<http://www.theairdb.com/airport/VLC.html> contains useful information about all flights available to and from VALENCIA airport.

There are no direct flights from Glasgow to Valencia, the following airlines do offer indirect flights via London;

Easyjet from London Gatwick www.easyjet.com

Iberia from London Heathrow www.iberia.com

Ryanair from London Stansted www.ryanair.com

or

KLM via Schiphol www.klm.com

Accommodation

IVI Valencia owns a couple of apartments close to the clinic where patients can stay and they have also negotiated preferential rates at some local hotels.

Please contact IVI Valencia for up to date information about local accommodation.

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